

## SUNDAY

**6:30PM Perth Amboy** Courage To Change, Grace Lutheran Church, 600 New Brunswick Ave.,  
(C,Bk,D,NC,RR,St,WC,NS)

**7:30PM Spotswood** Can't Buy It In A Bag, Spotswood Reformed Church, 429 Main Street, (O,D,St,Tp,NS,V)

## MONDAY

**11:00AM Woodbridge** Recovery On The Waterfront Live, Our Lady of Mt. Carmel, 267 E Smith St.,  
(C,B,D,S,Tp,NS,St1-3)

**7:00PM South Plainfield** Living the Dream, Cedarcroft Bible Chapel, 1715 Kenyon Avenue, (O,S,WC,NS,Lc)

**7:30PM Old Bridge** Old Skool, Club Serenity at St. Ambrose Church, 83 Throckmorton Lane, (O,Ro,W,NS,L)

**7:30PM Perth Amboy** Open Up And Let It Rip, Grace Lutheran Church (Parking Lot behind church on Neville St), 600 New Brunswick Ave., (O,B,D,Ro,S,St,Td,WC,NS)

**7:30PM Port Reading** The Masks Have To Go, Sycamore Senior Center, 290 Old Road, (O,D,S,St,WC,NS,L)

## TUESDAY

**11:00AM Woodbridge** Recovery On The Waterfront Live, Our Lady of Mt. Carmel, 267 E Smith St.,  
(O,B,D,S,SWG,NS)

**7:30PM Old Bridge** Lost-n-Found, St. Thomas Church, 333 Route 18 South, (O,D,WC,NS)

**8:00PM Iselin** Listen And Learn, First Presbyterian Church, 1295 Oak Tree Rd & Rt. 27, (O,S,NS,HY)

*Zoom ID: 899 173 3990, Passcode: 341725*

## WEDNESDAY

**11:00AM Woodbridge** Recovery On The Waterfront Live, Our Lady of Mt. Carmel, 267 E Smith St.,  
(O,B,D,S,NS,L,Lc)

**12:15PM Metuchen** Twelve Steps To Freedom, St. Lukes Church, 17 Oak Ave. & Rt. 27, (O,D,S,St,WC,NS)

**7:30PM Perth Amboy** Bouncing Back, St. Peter's Church Hall, 183 Rector St., (O,D,JFT,S,Td,NS)

**7:30PM Sayreville** First Things First, United Methodist Church, 406 Main Street, (O,D,JFT,S,NS)

*NOT Handicap accessible*

**8:00PM Port Reading** Old Road New Life, Sycamore Senior Center, 290 Old Road, (O,D,S,Tp,WC,NS)

## THURSDAY

**11:00AM Woodbridge** Recovery On The Waterfront Live, Our Lady of Mt. Carmel, 267 E Smith St.,  
(O,B,D,JFT,RR,S,NS)

**NOON Old Bridge** Midday Miracles, Club Serenity at St. Ambrose Church, small bldg on right, 83 Throckmorton Lane, (O,JFT,Ro,St,NS,L)

## THURSDAY (CONT)

**5:30PM Milltown** More Than Surviving, St. Paul's Church, enter behind preschool, 62 S. Main Street,  
(O,JFT,RR,S,WC,NS)

**7:00PM Woodbridge** Keep It In Today, First Presbyterian Church of Woodbridge, 600 Rahway Ave.,  
(O,D,JFT,NC,S,NS)

*No children allowed*

**7:30PM Sayreville** What Comes Second Group, Sayreville Senior Center, 2nd floor, Rm 207, 423 Main St.,  
(C,M,St,WC,NS)

**8:00PM Perth Amboy** Powerless In Perth Amboy, Grace Lutheran Church, 600 New Brunswick Ave.,  
(O,B,D,S,WC,NS)

## FRIDAY

**11:00AM Woodbridge** Recovery On The Waterfront Live, Our Lady of Mt. Carmel, 267 E Smith St., (C,B,D,S,NS,L,V)

**8:00PM Carteret** Back To Life, Zion Lutheran Church, 712 Roosevelt Ave, (O,D,S,NS)

## SATURDAY

**10:00AM Metuchen** Spiritual Awakenings, St. Lukes Church, 17 Oak Ave, (O,D,S,Td,WC,NS,SPAD)

**12:30PM Port Reading** Youth Gone Wild, Sycamore Senior Center, 290 Old Road, (O,JFT,WC,NS)

**7:00PM Perth Amboy** Write to Live, St. Peter's Episcopal Church, 183 Rector Street, (C,D,SWG,NS,Md)

*20-min step writing, last week speaker*

**7:30PM Port Reading** Men Who Care, Saint Anthony of Padua Parish Hall, 436 Port Reading Avenue,  
(O,Cn,D,M,S,WC,NS)

**7:30PM Spotswood** Straight On Saturday Night, Spotswood Reformed Church, 429 Main Street,  
(O,D,S,NS,St1-3)

## MEETING FORMAT LEGEND

M	Men	St	Step
O	Open (anyone welcome)	B	Beginner
D	Discussion	Cn	Candlelight
Bk	Basic Text	C	Closed (addicts only)
JFT	Just for Today	RR	Round Robin
S	Speaker	SWG	Step Working Guides
Tp	Topic	Td	Tradition
WC	Wheelchair	Ro	Rotating
W	Women	Md	Meditation
NC	No Children	V	Varied
NS	No Smoking	Lc	Living Clean
L	Literature	HY	Hybrid Meeting
SPAD	Spiritual Principle A Day	St1-3	Steps 1, 2 and 3

## HELPLINES

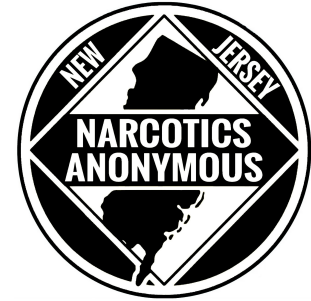
**24 Hour Helpline (732) 933-0462**

## SERVICE MEETINGS

**NA of Middlesex County Area Business Information  
Area meets the second Sunday of every month at:  
Zion Lutheran Church  
714 Roosevelt Ave.  
Carteret, NJ**

- \* Service Workshop begins at 4:00 pm \*
- \* Area Service Meeting begins at 5:00 pm \*

**We need your help - Get involved in service!  
We have open positions at Middlesex Area**



**Middlesex Area**

**OCTOBER 2025**

**24 HOUR HELPLINE**

(732) 933-0462



**[www.middlesexna.org](http://www.middlesexna.org)**

**SUGGESTIONS FOR EVERYONE**

**Avoid People, Places and Things**

**Come Early and Stay Late**

**Don't Use and Go to meetings**

**Get and Use a Sponsor**

**Get a Home Group**

**90 Meetings in 90 Days**

**Use the Phone**

**Get involved in Service**

**KEEP COMING BACK. IT WORKS**

**What is our message?**

**The message is that an addict,  
any addict, can stop using drugs,  
lose the desire to use,  
and find a new way to live.**

**Our message is hope  
and the promise of freedom.**