

SUNDAY

6:30PM Perth Amboy Courage To Change, Grace Lutheran Church, 600 New Brunswick Ave., **(C,Bk,D,NC,RR,St,WC,NS)**

7:30PM Spotswood Can't Buy It In A Bag, Spotswood Reformed Church, 429 Main Street, **(O,D,St,Tp,NS,V)**

MONDAY

11:00AM Woodbridge Recovery On The Waterfront Live, Our Lady of Mt. Carmel, 267 E Smith St., **(C,B,D,S,Tp,NS,St1-3)**

7:00PM South Plainfield Living the Dream, Cedarcroft Bible Chapel, 1715 Kenyon Avenue, **(O,S,WC,NS,Lc)**

7:30PM Old Bridge Old Skool, Club Serenity at St. Ambrose Church, 83 Throckmorton Lane, **(O,Ro,W,NS,L)**

7:30PM Perth Amboy Open Up And Let It Rip, Grace Lutheran Church (Parking Lot behind church on Neville St), 600 New Brunswick Ave., **(O,B,D,Ro,S,St,Td,WC,NS)**

7:30PM Port Reading The Masks Have To Go, Sycamore Senior Center, 290 Old Road, **(O,D,S,St,WC,NS,L)**

TUESDAY

11:00AM Woodbridge Recovery On The Waterfront Live, Our Lady of Mt. Carmel, 267 E Smith St., **(O,B,D,S,SWG,NS)**

7:30PM Old Bridge Lost-n-Found, St. Thomas Church, 333 Route 18 South, **(O,D,WC,NS)**

7:30PM East Brunswick Turn the Page, Aldersgate United Methodist Church, Room 211, 568 Ryders Ln, **(C,Bk,WC,NS,Lc)**

8:00PM Iselin Listen And Learn, First Presbyterian Church, 1295 Oak Tree Rd & Rt. 27, **(O,S,NS,HY)**
Zoom ID: 899 173 3990, Passcode: 341725

WEDNESDAY

11:00AM Woodbridge Recovery On The Waterfront Live, Our Lady of Mt. Carmel, 267 E Smith St., **(O,B,D,S,NS,L,Lc)**

12:15PM Metuchen Twelve Steps To Freedom, St. Lukes Church, 17 Oak Ave. & Rt. 27, **(O,D,S,St,WC,NS)**

7:30PM Perth Amboy Bouncing Back, St. Peter's Church Hall, 183 Rector St., **(O,D,JFT,S,Td,NS)**

7:30PM Sayreville First Things First, United Methodist Church, 406 Main Street, **(O,D,JFT,S,NS)**
NOT Handicap accessible

8:00PM Port Reading Old Road New Life, Sycamore Senior Center, 290 Old Road, **(O,D,S,Tp,WC,NS)**

THURSDAY

11:00AM Woodbridge Recovery On The Waterfront Live, Our Lady of Mt. Carmel, 267 E Smith St., **(O,B,D,JFT,RR,S,NS)**

THURSDAY (CONT)

NOON Old Bridge Midday Miracles, Club Serenity at St. Ambrose Church, small bldg on right, 83 Throckmorton Lane, **(O,JFT,Ro,St,NS,L)**

5:30PM Milltown More Than Surviving, St. Paul's Church, enter behind preschool, 62 S. Main Street, **(O,JFT,RR,S,WC,NS)**

7:00PM Woodbridge Keep It In Today, First Presbyterian Church of Woodbridge, 600 Rahway Ave., **(O,D,JFT,NC,S,NS)**
No children allowed

7:30PM Sayreville What Comes Second Group, Sayreville Senior Center, 2nd floor, Rm 207, 423 Main St., **(C,M,St,WC,NS)**

8:00PM Perth Amboy Powerless In Perth Amboy, Grace Lutheran Church, 600 New Brunswick Ave., **(O,B,D,S,WC,NS)**

FRIDAY

11:00AM Woodbridge Recovery On The Waterfront Live, Our Lady of Mt. Carmel, 267 E Smith St., **(C,B,D,S,NS,L,V)**

8:00PM Carteret Back To Life, Zion Lutheran Church, 712 Roosevelt Ave, **(O,D,S,NS)**

SATURDAY

10:00AM Metuchen Spiritual Awakenings, St. Lukes Church, 17 Oak Ave, **(O,D,S,Td,WC,NS,SPAD)**

12:30PM Port Reading Youth Gone Wild, Sycamore Senior Center, 290 Old Road, **(O,JFT,WC,NS)**

7:00PM Perth Amboy Write to Live, St. Peter's Episcopal Church, 183 Rector Street, **(C,D,SWG,NS,Md)**
20-min step writing, last week speaker

7:30PM Port Reading Men Who Care, Saint Anthony of Padua Parish Hall, 436 Port Reading Avenue, **(O,Cn,D,M,S,WC,NS)**

7:30PM Spotswood Straight On Saturday Night, Spotswood Reformed Church, 429 Main Street, **(O,D,S,NS,St1-3)**

MEETING FORMAT LEGEND

M	Men	St	Step
O	Open (anyone welcome)	B	Beginner
D	Discussion	Cn	Candlelight
Bk	Basic Text	C	Closed (addicts only)
JFT	Just for Today	RR	Round Robin
S	Speaker	SWG	Step Working Guides
Tp	Topic	Td	Tradition
WC	Wheelchair	Ro	Rotating
W	Women	Md	Meditation
NC	No Children	V	Varied
NS	No Smoking	Lc	Living Clean
L	Literature	HY	Hybrid Meeting
SPAD	Spiritual Principle A Day	St1-3	Steps 1, 2 and 3

HELPLINES**24 Hour Helpline**

(732) 933-0462

SERVICE MEETINGS

NA of Middlesex County Area Business Information Area meets the second Sunday of every month at:

Zion Lutheran Church
714 Roosevelt Ave.
Carteret, NJ

* Service Workshop begins at 4:00 pm *
* Area Service Meeting begins at 5:00 pm *

We need your help - Get involved in service!
We have open positions at Middlesex Area



Middlesex Area

JANUARY 2026

24 HOUR HELPLINE

(732) 933-0462



www.middlesexna.org

SUGGESTIONS FOR EVERYONE

Avoid People, Places and Things

Come Early and Stay Late

Don't Use and Go to meetings

Get and Use a Sponsor

Get a Home Group

90 Meetings in 90 Days

Use the Phone

Get involved in Service

KEEP COMING BACK. IT WORKS

What is our message?
The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom.