SUNDAY

6:30PM Perth Amboy Courage To Change, Grace Lutheran Church, 600 New Brunswick Ave., **(C,Bk,D,NC,RR,St,WC,NS)**

7:30PM Spotswood Can't Buy It In A Bag, Spotswood Reformed Church, 429 Main Street, **(O,D,St,Tp,NS,V)**

MONDAY

11:00AM Woodbridge Recovery On The Waterfront Live, Our Lady of Mt. Carmel, 267 E Smith St., **(O,B,D,S,Tp,NS,St1-3)**

7:00PM South Plainfield Living the Dream, Cedarcroft Bible Chapel, 1715 Kenyon Avenue, **(O,S,WC,NS,Lc)**

7:30PM Old Bridge Old Skool, Club Serenity at St. Ambrose Church, 83 Throckmorton Lane, **(O,Ro,W,NS,L)**

7:30PM Perth Amboy Open Up And Let It Rip, Grace Lutheran Church (Parking Lot behind church on Neville St) 600 New Brunswick Ave., **(O,B,D,Ro,S,St,Td,WC,NS)**

7:30PM Port Reading The Masks Have To Go, Sycamore Senior Center, 290 Old Road, **(O,D,S,St,WC,NS,L)**

TUESDAY

11:00AM Woodbridge Recovery On The Waterfront Live, Our Lady of Mt. Carmel, 267 E Smith St., **(O,B,D,S,SWG,NS)**

7:30PM Old Bridge Lost-n-Found, St. Thomas Church, 333 Route 18 South, **(O,D,WC,NS)**

7:30PM East Brunswick Turn the Page, Aldersgate United Methodist Church, Room 211, 568 Ryders Ln, **(C,Bk,WC,NS,Lc)**

8:00PM Iselin Listen And Learn, First Presbyterian Church, 1295 Oak Tree Rd & Rt. 27, **(O,S,NS)**

WEDNESDAY

11:00AM Woodbridge Recovery On The Waterfront Live, Our Lady of Mt. Carmel, 267 E Smith St., **(O,B,D,S,NS,L,Lc)**

NOON Metuchen Twelve Steps To Freedom, St. Lukes Church, 17 Oak Ave. & Rt. 27, **(O,D,St,WC,NS)**
Starting July 1, 2026 our meeting will start at 12:00PM and end at 1:15PM

7:30PM Perth Amboy Bouncing Back, St. Peter's Church Hall, 183 Rector St., **(O,D,JFT,S,Td,NS)**

7:30PM Sayreville First Things First, United Methodist Church, 406 Main Street, **(O,D,JFT,S,NS)**
NOT Handicap accessible

8:00PM Port Reading Old Road New Life, Sycamore Senior Center, 290 Old Road, **(O,D,S,Tp,WC,NS)**

THURSDAY

11:00AM Woodbridge Recovery On The Waterfront Live, Our Lady of Mt. Carmel, 267 E Smith St., **(O,B,D,JFT,RR,S,NS)**

NOON Old Bridge Midday Miracles, Club Serenity at St. Ambrose Church, small bldg on right, 83 Throckmorton Lane, **(O,JFT,Ro,St,NS,L)**

5:30PM Milltown More Than Surviving, Good Day Preschool, enter behind preschool, 7 Lakewood Ave, **(O,JFT,RR,S,WC,NS)**

7:00PM Woodbridge Keep It In Today, First Presbyterian Church of Woodbridge, 600 Rahway Ave., **(O,D,JFT,NC,S,NS)**
No children allowed

7:30PM Sayreville What Comes Second Group, Sayreville Senior Center, 2nd floor, Rm 207, 423 Main St., **(C,M,St,WC,NS)**

8:00PM Perth Amboy Powerless In Perth Amboy, Grace Lutheran Church, 600 New Brunswick Ave., **(O,B,D,S,WC,NS)**

FRIDAY

11:00AM Woodbridge Recovery On The Waterfront Live, Our Lady of Mt. Carmel, 267 E Smith St., **(O,B,D,S,NS,L,V)**

8:00PM Carteret Back To Life, St. Elias Byzantine Catholic Church, 42 Cooke Ave., **(O,D,S,NS)**

SATURDAY

10:00AM Metuchen Spiritual Awakenings, St. Lukes Church, 17 Oak Ave, **(O,D,S,Td,WC,NS,SPAD)**

12:30PM Port Reading Youth Gone Wild, Sycamore Senior Center, 290 Old Road, **(O,D,JFT,SWG,St,WC,NS)**

7:00PM Perth Amboy Write to Live, St. Peter's Episcopal Church, 183 Rector Street, **(C,D,SWG,NS,Md)**
20-min step writing, last week speaker

7:30PM Port Reading Men Who Care, Saint Anthony of Padua Parish Hall, 436 Port Reading Avenue, **(O,Cn,D,M,S,WC,NS)**

MEETING FORMAT LEGEND

M	Men	St	Step
O	Open (anyone welcome)	B	Beginner
D	Discussion	Cn	Candlelight
Bk	Basic Text	C	Closed (addicts only)
JFT	Just for Today	RR	Round Robin
S	Speaker	SWG	Step Working Guides
Tp	Topic	Td	Tradition
WC	Wheelchair	Ro	Rotating
W	Women	Md	Meditation
NC	No Children	V	Varied
NS	No Smoking	Lc	Living Clean
L	Literature	SPAD	Spiritual Principle A Day
St1-3	Steps 1, 2 and 3		

HELPLINES

24 Hour Helpline (732) 933-0462

SERVICE MEETINGS

NA of Middlesex County Area Business Information Area meets the second Sunday of every month
(third Sunday in February & May) **at:**
Sycamore Senior Center
290 Old Road
Port Reading, NJ

* Service Workshop begins at 4:00 pm *
* Area Service Meeting begins at 5:00 pm *

We need your help - Get involved in service!
We have open positions at Middlesex Area

PHONE NUMBERS

What is our message?

**The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.**

Basic Text, *page 65*

Middlesex Area

NOVEMBER 2026

24 HOUR HELPLINE

(732) 933-0462

www.middlesexna.org

SUGGESTIONS FOR EVERYONE

Avoid People, Places and Things
Come Early and Stay Late
Don't Use and Go to meetings
Get and Use a Sponsor
Get a Home Group
90 Meetings in 90 Days
Use the Phone
Get involved in Service
KEEP COMING BACK. IT WORKS

Meetings Weekly: 28