

## SUNDAY

**6:30PM Perth Amboy** Courage To Change, Grace Lutheran Church, 600 New Brunswick Ave., **(C,Bk,D,NC,RR,St,WC,NS)**

**7:30PM Spotswood** Can't Buy It In A Bag, Spotswood Reformed Church, 429 Main Street, **(O,D,St,Tp,NS,V)**

## MONDAY

**11:00AM Woodbridge** Recovery On The Waterfront Live, Our Lady of Mt. Carmel, 267 E Smith St., **(C,B,D,S,Tp,NS,St1-3)**

**7:00PM South Plainfield** Living the Dream, Cedarcroft Bible Chapel, 1715 Kenyon Avenue, **(O,S,WC,NS,Lc)**

**7:30PM Old Bridge** Old Skool, Club Serenity at St. Ambrose Church, 83 Throckmorton Lane, **(O,Ro,W,NS,L)**

**7:30PM Perth Amboy** Open Up And Let It Rip, Grace Lutheran Church (Parking Lot behind church on Neville St), 600 New Brunswick Ave., **(O,B,D,Ro,S,St,Td,WC,NS)**

**7:30PM Port Reading** The Masks Have To Go, Sycamore Senior Center, 290 Old Road, **(O,D,S,St,WC,NS,L)**

## TUESDAY

**11:00AM Woodbridge** Recovery On The Waterfront Live, Our Lady of Mt. Carmel, 267 E Smith St., **(O,B,D,S,SWG,NS)**

**7:30PM Old Bridge** Lost-n-Found, St. Thomas Church, 333 Route 18 South, **(O,D,WC,NS)**

**7:30PM East Brunswick** Turn the Page, Aldersgate United Methodist Church, Room 211, 568 Ryders Ln, **(C,Bk,WC,NS,Lc)**

**8:00PM Iselin** Listen And Learn, First Presbyterian Church, 1295 Oak Tree Rd & Rt. 27, **(O,S,NS,HY)**  
*Zoom ID: 899 173 3990, Passcode: 341725*

## WEDNESDAY

**11:00AM Woodbridge** Recovery On The Waterfront Live, Our Lady of Mt. Carmel, 267 E Smith St., **(O,B,D,S,NS,L,Lc)**

## WEDNESDAY (CONT)

**12:15PM Metuchen** Twelve Steps To Freedom, St. Lukes Church, 17 Oak Ave. & Rt. 27, **(O,D,S,St,WC,NS)**

**7:30PM Perth Amboy** Bouncing Back, St. Peter's Church Hall, 183 Rector St., **(O,D,JFT,S,Td,NS)**

**7:30PM Sayreville** First Things First, United Methodist Church, 406 Main Street, **(O,D,JFT,S,NS)**  
*NOT Handicap accessible*

**8:00PM Port Reading** Old Road New Life, Sycamore Senior Center, 290 Old Road, **(O,D,S,Tp,WC,NS)**

## THURSDAY

**11:00AM Woodbridge** Recovery On The Waterfront Live, Our Lady of Mt. Carmel, 267 E Smith St., **(O,B,D,JFT,RR,S,NS)**

**NOON Old Bridge** Midday Miracles, Club Serenity at St. Ambrose Church, small bldg on right, 83 Throckmorton Lane, **(O,JFT,Ro,St,NS,L)**

**5:30PM Milltown** More Than Surviving, St. Paul's Church, enter behind preschool, 62 S. Main Street, **(O,JFT,RR,S,WC,NS)**

**7:00PM Woodbridge** Keep It In Today, First Presbyterian Church of Woodbridge, 600 Rahway Ave., **(O,D,JFT,NC,S,NS)**  
*No children allowed*

**7:30PM Sayreville** What Comes Second Group, Sayreville Senior Center, 2nd floor, Rm 207, 423 Main St., **(C,M,St,WC,NS)**

**8:00PM Perth Amboy** Powerless In Perth Amboy, Grace Lutheran Church, 600 New Brunswick Ave., **(O,B,D,S,WC,NS)**

## FRIDAY

**11:00AM Woodbridge** Recovery On The Waterfront Live, Our Lady of Mt. Carmel, 267 E Smith St., **(C,B,D,S,NS,L,V)**

**8:00PM Carteret** Back To Life, Zion Lutheran Church, 712 Roosevelt Ave, **(O,D,S,NS)**

## SATURDAY

**10:00AM Metuchen** Spiritual Awakenings, St. Lukes Church, 17 Oak Ave, **(O,D,S,Td,WC,NS,SPAD)**

**12:30PM Port Reading** Youth Gone Wild, Sycamore Senior Center, 290 Old Road, **(O,D,JFT,SWG,St,WC,NS)**

**7:00PM Perth Amboy** Write to Live, St. Peter's Episcopal Church, 183 Rector Street, **(C,D,SWG,NS,Md)**  
*20-min step writing, last week speaker*

**7:30PM Port Reading** Men Who Care, Saint Anthony of Padua Parish Hall, 436 Port Reading Avenue, **(O,Cn,D,M,S,WC,NS)**

**7:30PM Spotswood** Straight On Saturday Night, Spotswood Reformed Church, 429 Main Street, **(O,D,S,NS,St1-3)**





**Middlesex Area**

**APRIL 2026**

**24 HOUR HELPLINE**

**(732) 933-0462**



**[www.middlesexna.org](http://www.middlesexna.org)**

**SUGGESTIONS FOR EVERYONE**

**Avoid People, Places and Things**

**Come Early and Stay Late**

**Don't Use and Go to meetings**

**Get and Use a Sponsor**

**Get a Home Group**

**90 Meetings in 90 Days**

**Use the Phone**

**Get involved in Service**

**KEEP COMING BACK. IT WORKS**

Meetings Weekly: 29