

SUNDAY
9:00AM Asbury Park Therapeutic Value Group, Lumley Homes, entrance in back, 1025 2nd Avenue, (O,NS,Ta,Gr)
9:30AM Oakhurst Sunday Morning Recovery, Senior Center / West Park Rec Center, Rear Entrance, 615 West Park Avenue, (O,D,RR,Tp,WC,NS,HY)
10:00AM Matawan Sunday Morning Meditation, St. Clements House Of Hope, 180 Freneau Ave. (Route 79), (C,JFT,RR,WC,NS,SPAD)
10:30AM Freehold Wellness Group, New Attitudes Clubhouse, 45 Throckmorton Street, (O,D,P,S,St,WC,NS)
11:00AM New Brunswick Cha Cha Cha, RWJ Fitness Center Community Room, 100 Kirkpatrick St., (O,B,Bk,S,WC,NS,St1-3)
4:00PM Keansburg Off the Beach, St. Mark's Church Community Center, 247-A Carr Avenue (adjacent field), (O,D,Ro,WC,Y,NS) <i>park on Kennedy Way and enter via ramp - do not use kitchen door</i>
5:30PM Highland Park You Better Work, Pride Center of New Jersey, 85 Raritan Ave, (O,G,WC,NS,V)
6:30PM Perth Amboy Courage To Change, Grace Lutheran Church, 600 New Brunswick Ave., (C,Bk,D,NC,RR,St,WC,NS)
7:00PM Long Branch Neversink Group, Long Branch Elks Club, 150 Garfield Avenue, (O,B,Ro,NS)
7:00PM Union Beach Stepping into Recovery, Grace United Methodist Church, 115 St. James Street, (C,D,St,WC,NS)
7:30PM Spotswood Can't Buy It In A Bag, Spotswood Reformed Church, 429 Main Street, (O,D,St,Tp,NS,V)
7:30PM Manalapan Miracles In Manalapan, Old Tennent Presbyterian Church Cemetery, 448 Tennent Road, (O,WC,NS,V) <i>In brick building</i>
MONDAY
11:00AM Woodbridge Recovery On The Waterfront Live, Our Lady of Mt. Carmel, 267 E Smith St., (C,B,D,S,Tp,NS,St1-3)
5:30PM New Brunswick Here & Now, Emanuel Lutheran Church, corner of New St., 1-3 Kirkpatrick St., (C,D,NS)
6:30PM Asbury Park Monday Night Madness, Q Spot, 1601 Asbury Ave., (C,Ro,NS)
7:00PM Eatontown Exit Addiction 105, St. James Memorial Episcopal Church, 69 Broad Street, (O,Ro)
7:00PM South Plainfield Living the Dream, Cedarcroft Bible Chapel, 1715 Kenyon Avenue, (O,S,WC,NS,Lc)
7:00PM Highland Park Pain, Patience, Peace Women's Meeting, 233 Raritan Ave, (O,D,S,W,NS,HY)

7:30PM Freehold Hope in Freehold, Reformed Church of Freehold, 67 West Main street, (O,WC,NS,V)
7:30PM Old Bridge Old Skool, Club Serenity at St. Ambrose Church, 83 Throckmorton Lane, (O,Ro,W,NS,L)
7:30PM Perth Amboy Open Up And Let It Rip, Grace Lutheran Church (Parking Lot behind church on Neville St), 600 New Brunswick Ave., (O,B,D,Ro,S,St,Td,WC,NS)
7:30PM Port Reading The Masks Have To Go, Sycamore Senior Center, 290 Old Road, (O,D,S,St,WC,NS,L)
7:30PM Union Beach We Will Survive Group, Grace United Methodist Church, enter on Floyd Ave., 115 St. James Ave., (O,D,NS,L)
8:00PM Matawan Living Clean Just For Today, St. Clements House of Hope, 180 Freneau Avenue, (O,JFT,S,WC,NS,Lc)
TUESDAY
11:00AM Woodbridge Recovery On The Waterfront Live, Our Lady of Mt. Carmel, 267 E Smith St., (O,B,D,S,SWG,NS)
7:00PM Manasquan Blessings by the Sea, Holy Trinity Church, 6 Osborn Avenue, (O,JFT,S,NS)
7:15PM Manalapan Recovery in Manalapan, Old Tennent Presbyterian Church, 448 Tennent Road, (O,WC,NS,V) <i>In brick building</i>
7:30PM Old Bridge Lost-n-Found, St. Thomas Church, 333 Route 18 South, (O,D,WC,NS)
7:30PM Matawan Principles Before Personalities, St. Clements House Of Hope, 180 Freneau Avenue, (O,SWG,St,Td,WC,NS)
7:30PM East Brunswick Turn the Page, Aldersgate United Methodist Church, Room 211, 568 Ryders Ln, (C,Bk,WC,NS,Lc)
7:30PM Keyport Twelve Steps to Freedom, Calvary Methodist Church, 3rd and Osborn Streets, (C,Cn,D,St,WC,NS)
7:30PM Asbury Park Twelve Steps to Freedom, Trinity Church, 503 Asbury Avenue, (O,Bk,D,S,St,WC,NS)
8:00PM Iselin Listen And Learn, First Presbyterian Church, 1295 Oak Tree Rd & Rt. 27, (O,S,NS,HY)
WEDNESDAY
11:00AM Woodbridge Recovery On The Waterfront Live, Our Lady of Mt. Carmel, 267 E Smith St., (O,B,D,S,NS,L,Lc)
12:15PM Metuchen Twelve Steps To Freedom, St. Lukes Church, 17 Oak Ave. & Rt. 27, (O,D,S,St,WC,NS)
7:00PM Asbury Park Against All Odds, The Center House, at Memorial Dr., 806 3rd Ave., (O,D,S,St,NS)

7:00PM Red Bank Women Kicking It, First Baptist Church of Red Bank, 84 Maple Ave., (O,W,NS,V)
7:30PM Perth Amboy Bouncing Back, St. Peter's Church Hall, 183 Rector St., (O,D,JFT,S,Td,NS)
7:30PM Sayreville First Things First, United Methodist Church, 406 Main Street, (O,D,JFT,S,NS) <i>NOT Handicap accessible</i>
7:30PM Howell Home in Howell, Prince of Peace Lutheran Church, 434 Aldrich Road, (O,S,St,Tp,NS,Gr,SPAD)
7:30PM New Brunswick Stardust Ballroom Men's Meeting, Emanuel Lutheran Church, 1-3 Kirkpatrick St, (C,D,M,Ro,S,NS,HY)
7:30PM Matawan The Steps and Traditions Work, First Presbyterian Church, upstairs, Rt. 34 at Franklin Ave., (C,Cn,D,S,St,Td,NS)
7:30PM Eatontown We Had to Hear It Group, St. James Episcopal Church, parish hall behind church, 69 Broad St. (Rte.71), (C,D,S,Tp,NS)
8:00PM Asbury Park It Gets Better, Q Spot, 1601 Asbury Ave., (O,G,JFT,St,NS) <i>LGBTQ</i>
8:00PM Port Reading Old Road New Life, Sycamore Senior Center, 290 Old Road, (O,D,S,Tp,WC,NS)
THURSDAY
11:00AM Woodbridge Recovery On The Waterfront Live, Our Lady of Mt. Carmel, 267 E Smith St., (O,B,D,JFT,RR,S,NS)
NOON Old Bridge Midday Miracles, Club Serenity at St. Ambrose Church, small bldg on right, 83 Throckmorton Lane, (O,JFT,Ro,St,NS,L)
5:30PM Milltown More Than Surviving, St. Paul's Church, enter behind preschool, 62 S. Main Street, (O,JFT,RR,S,WC,NS)
7:00PM Woodbridge Keep It In Today, First Presbyterian Church of Woodbridge, 600 Rahway Ave., (O,D,JFT,NC,S,NS) <i>No children allowed</i>
7:00PM Manasquan Manasquan 11th Step, Holy Trinity Church, Downstairs, 6 Osborn Ave, (H&W)
7:00PM Belmar Recovery by the Sea, Belmar Presbyterian Church, enter on E Street, 600 9th Avenue, (C,D,S,St,NS,HY)
7:00PM Freehold Sisters Seeking Serenity, Hope Lutheran Church, near Jackson Mills Rd., 211 Elton-Adelphia Rd., (O,D,S,W,WC,NS)
7:30PM Matawan Cut To The Chase, Trinity Episcopal Church, all the way at dead end, 18 Ryers Lane, (O,Ro,WC,NS)
7:30PM New Brunswick Speak@Ease, RWJ Health & Fitness Center Community Room, 2nd floor, 100 Kirkpatrick St., (C,H&W,NC,S,St,Td,WC,NS)

7:30PM Sayreville What Comes Second Group, Sayreville Senior Center, 2nd floor, Rm 207, 423 Main St., (C,M,St,WC,NS)
8:00PM Perth Amboy Powerless In Perth Amboy, Grace Lutheran Church, 600 New Brunswick Ave., (O,B,D,S,WC,NS)
8:00PM Oakhurst We Dare to Care, West Park Recreation Center, 615 West Park Ave., (O,Ro,NS)
9:30PM New Brunswick New Brunswick Young People's Meeting, Bioresource Engineering Lab (near 20 College Farm Road West), 18 Ag Extension Way, (O,D,JFT,S,Y,NS)
FRIDAY
11:00AM Woodbridge Recovery On The Waterfront Live, Our Lady of Mt. Carmel, 267 E Smith St., (C,B,D,S,NS,L,V)
6:30PM Asbury Park We Do Recover, The Center House, 806 3rd Avenue, (O,D,WC,NS,L)
6:45PM Keansburg Friday Night Live!, St. Mark's Church Community Center, 247-A Carr Avenue (adjacent field), (O,D,WC,NS,Lc) <i>park on Kennedy Way and enter via ramp - do not use kitchen door</i>
7:00PM New Brunswick Back To Basics, Bioresource Engineering Lab (near 20 College Farm Road West), 18 Ag Extension Way, (O,Bk,D,S,NS)
7:15PM Matawan Women Seeking Recovery, St. Clements House Of Hope, 180 Freneau Avenue, (C,W,WC,NS,V)
8:00PM Carteret Back To Life, Zion Lutheran Church, 712 Roosevelt Ave, (O,D,S,NS)
8:00PM Red Bank Blessings of Recovery, AME Zion Church, corner J. Parker Blvd. (West Bergen), 285 Shrewsbury Ave., (C,B,S,NS) <i>basement entrance</i>
8:00PM Oakhurst Friday Night Hope, Ocean Township Rec Center, 615 West Park Ave., (O,Cn,Ro,RR,WC,NS)
8:00PM Matawan Men About Recovery, Trinity Episcopal Church, off Route 79, 18 Ryers Lane, (C,D,JFT,M,St,WC,NS)
8:00PM Englishtown Never Too Late, First Presbyterian Church of Englishtown, 50 N. Main Street, (O,JFT,S,WC,NS)
SATURDAY
7:00AM New Brunswick Early Morning Serenity, Emmanuel Lutheran Church, 1-3 Kirkpatrick St., (O,D,S,Tp,WC,NS,HY)
10:00AM Metuchen Spiritual Awakenings, St. Lukes Church, 17 Oak Ave, (O,D,S,Td,WC,NS,SPAD)
11:00AM Matawan Miracles in Matawan, Trinity Episcopal Church, all the way at dead end, 18 Ryers Lane, (C,D,Ro,St,Tp,WC,NS)

11:00AM Asbury Park One Primary Purpose, The Center House, at Memorial Drive, 806 3rd Avenue, **(O,D,NS)**

12:30PM Port Reading Youth Gone Wild, Sycamore Senior Center, 290 Old Road, **(O,JFT,WC,NS)**

6:30PM Asbury Park Live Better Group, Em-Power Me, 1012 B Springwood Ave, **(O,Ro,S,WC,NS,V)**

7:00PM Manalapan Surrender To Change, Old Tennent Presbyterian Church Cemetary, inside Neefe Chapel - do not park on grass, 448 Tennent Road, **(O,NS,V)**
Memorial Day to Labor Day in brick bldg.

7:00PM New Brunswick The Real Deal, Emanuel Lutheran Church, 1-3 Kirkpatrick Street, **(O,D,JFT,St,WC,NS)**

7:00PM Perth Amboy Write to Live, St. Peter's Episcopal Church, 183 Rector Street, **(C,D,SWG,NS,Md)**
20-min step writing, last week speaker

7:30PM Port Reading Men Who Care, Saint Anthony of Padua Parish Hall, 436 Port Reading Avenue, **(O,Cn,D,M,S,WC,NS)**

7:30PM Middletown (Belford) Sanity through Spirituality Group, St. Mary's Church, basement, 26 Leonardville Road, **(O,Ro,S,WC,NS)**

7:30PM Spotswood Straight On Saturday Night, Spotswood Reformed Church, 429 Main Street, **(O,D,S,NS,St1-3)**

10:00PM New Brunswick Just For Tonight, College Ave Community Church, 100 College Ave., **(O,D,JFT,S,NS)**
Candlelight

11:00PM Keansburg Kleansburg Group, Kitchen At St. Mark's, Next to Parish Hall, Corner of Myrtle Ave & Kennedy Way, **(O,D,S,WC,NS)**

MEETING FORMAT LEGEND			
M	Men	St	Step
O	Open (anyone welcome)	B	Beginner
D	Discussion	Cn	Candlelight
Bk	Basic Text	C	Closed (addicts only)
G	Gay/Lesbian	P	Pamphlet
JFT	Just for Today	RR	Round Robin
S	Speaker	SWG	Step Working Guides
Tp	Topic	Td	Tradition
WC	Wheelchair	Y	Youth
Ro	Rotating	W	Women
Md	Meditation	H&W	It Works How and Why
NC	No Children	Ta	Tag
V	Varied	NS	No Smoking
Lc	Living Clean	L	Literature
Gr	Grab Bag	HY	Hybrid Meeting
SPAD	Spiritual Principle A Day	St1-3	Steps 1, 2 and 3

PHONE NUMBERS



Combined Area Meeting List for:
**Middlesex, Central Jersey &
 Greater New Brunswick Areas**
MEETING LIST

JANUARY 2026

24 HOUR HELPLINE
(732) 933-0462



<https://middlesexna.org>

THE 9 SUGGESTIONS

Avoid People, Places and Things
Come Early and Stay Late
DON'T USE and Go to Meetings
Get and Use a Sponsor
Get a Home Group
Go to 90 Meetings in 90 Days
Use the PHONE
Get Involved in Service
KEEP COMING BACK. IT WORKS

Meetings Weekly: 82

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