

SUNDAY

9:00AM Asbury Park Therapeutic Value Group, Lumley Homes, entrance in back, 1025 2nd Avenue, **(O,NS,Ta,Gr)**

9:30AM Oakhurst Sunday Morning Recovery, Senior Center / West Park Rec Center, Rear Entrance, 615 West Park Avenue, **(O,D,RR,Tp,WC,NS)**

10:00AM Matawan Sunday Morning Meditation, St. Clements House Of Hope, 180 Freneau Avenue, **(C,JFT,RR,WC,NS,SPAD)**

10:30AM Freehold Wellness Group, New Attitudes Clubhouse, 45 Throckmorton Street, **(O,D,P,S,St,WC,NS)**

11:00AM New Brunswick Cha Cha Cha, RWJ Fitness Center Community Room, 100 Kirkpatrick St., **(O,B,Bk,S,WC,NS,St1-3)**

6:30PM Perth Amboy Courage To Change, Grace Lutheran Church, 600 New Brunswick Ave., **(C,Bk,D,RR,St,WC,NS)**

6:30PM Highland Park You Better Work, The Pride Center, Suite 100 - located on bottom floor, 85 Raritan Ave, **(O,G,WC,NS,V)**

7:00PM Long Branch Neversink Group, Long Branch Elks Club, 150 Garfield Avenue, **(O,D,S,WC,NS)**

7:00PM Union Beach Stepping Into Recovery, Grace United Methodist Church, enter on Floyd Ave., 115 St. James Ave., **(C,Bk,JFT,St,Td,WC,NS)**

7:30PM Perth Amboy Absolutely Necessary, St. Peters Church Hall, 183 Rector St., **(O,D,P,S,St,NS)**

7:30PM Spotswood Can't Buy It In A Bag, Spotswood Reformed Church, 429 Main Street, **(O,D,St,Tp,NS,V)**

7:30PM Manalapan Miracles In Manalapan, Old Tennent Presbyterian Church Cemetery, 448 Tennent Road, **(O,WC,NS,V)** *In brick building*

MONDAY

N00N Woodbridge Recovery On The Waterfront Live, Our Lady of Mt. Carmel, 267 E Smith St., **(O,B,D,S,Tp,NS,St1-3)**

5:30PM New Brunswick Here & Now, Emanuel Lutheran Church, corner of New St., 1-3 Kirkpatrick St., **(C,D,NS)**

6:30PM Asbury Park Monday Night Madness, Q Spot, 1601 Asbury Ave., **(C,Ro,NS)**

7:00PM South Plainfield Living the Dream, Cedarcroft Bible Chapel, 1715 Kenyon Avenue, **(O,S,WC,NS,Lc)**

7:00PM West Long Branch Recovery is the Solution, Lutheran Church of the Reformation, Broadway & Locust Ave., **(O,D,Ro,S,WC,NS)**

7:30PM Sayreville Carry The Message, United Methodist Church, park in Senior Center lot across street only, 406 Main St., **(O,S,NS,SPAD)** *NOT Handicap accessible*

7:30PM Freehold Hope in Freehold, First Presbyterian Church of Freehold, 118 West Main Street, **(O,WC,NS,V)**

7:30PM Old Bridge Old Skool, Club Serenity, 83 Throckmorton Lane, **(O,Ro,W,NS,L)**

7:30PM Port Reading The Masks Have To Go, Sycamore Senior Center, 290 Old Road, **(O,D,S,St,WC,NS,L)**

7:30PM Union Beach We Will Survive Group, Grace United Methodist Church, enter on Floyd Ave., 115 St. James Ave., **(O,D,NS,L)**

7:45PM Manalapan Grateful in the Graveyard, Old Tennent Church, 448 Tennent Road, **(O,D,JFT,NS)**

8:00PM Matawan Living Clean Just For Today, St. Clements House of Hope, 180 Freneau Avenue, **(O,JFT,S,WC,NS,Lc)**

8:00PM Perth Amboy Open Up And Let It Rip, Grace Lutheran Church, 600 New Brunswick Ave., **(O,B,D,Ro,S,St,Td,WC,NS)**

TUESDAY

11:00AM Woodbridge Recovery On The Waterfront Live, Our Lady of Mt. Carmel, 267 E Smith St., **(O,B,D,S,SWG,NS)**

7:00PM Manasquan Blessings by the Sea, Holy Trinity Church, 6 Osborn Avenue, **(O,JFT,S,NS)**

7:00PM Milltown W.I.R.E.D, St. Paul's Church, 62 South Main Street, **(O,S,St,W,WC,NS)**

7:15PM Manalapan Recovery in Manalapan, Old Tennent Presbyterian Church, 448 Tennent Road, **(O,WC,NS,V)**

7:30PM Old Bridge Lost-n-Found, St. Thomas Church, 333 Route 18 South, **(O,D,WC,NS)**

7:30PM Matawan Principles Before Personalities, St. Clements House Of Hope, 180 Freneau Avenue, **(O,SWG,St,Td,WC,NS)**

7:30PM Keyport Twelve Steps to Freedom, Calvary Methodist Church, 3rd and Osborn Streets, **(C,Cn,D,St,WC,NS)**

7:30PM Asbury Park Twelve Steps to Freedom, Trinity Church, 503 Asbury Avenue, **(O,Bk,D,S,St,WC,NS)**

8:00PM Iselin Listen And Learn, First Presbyterian Church, 1295 Oak Tree Rd & Rt. 27, **(O,S,NS)** *Hybrid*

WEDNESDAY

11:00AM Woodbridge Recovery On The Waterfront Live, Our Lady of Mt. Carmel, 267 E Smith St., **(O,B,D,S,NS,L,Lc)**

12:15PM Metuchen Twelve Steps To Freedom, St. Lukes Church, 17 Oak Ave. & Rt. 27, **(O,D,S,St,WC,NS)**

7:00PM Asbury Park Against All Odds, The Center House, at Memorial Dr., 806 3rd Ave., **(O,D,S,St,NS)**

7:30PM Perth Amboy Bouncing Back, St. Peter's Church Hall, 183 Rector St., **(O,D,S,NS)**

7:30PM Cranbury Cranbury Group of NA, St. David's Episcopal Church, 90 South Main St., **(O,D,S,St,WC,NS)**

7:30PM Sayreville First Things First, United Methodist Church, 406 Main Street, **(O,D,JFT,S,NS)** *NOT Handicap accessible*

7:30PM Matawan The Steps and Traditions Work, First Presbyterian Church, upstairs, Rt. 34 at Franklin Ave., **(C,D,S,St,Td,NS)**

7:30PM Eatontown We Had to Hear It Group, St. James Episcopal Church, parish hall behind church, 69 Broad St. (Rte.71), **(C,D,S,Tp,NS)**

8:00PM Howell Home in Howell, Prince of Peace Lutheran Church, 434 Aldrich Road, **(O,S,St,Tp,NS,Gr,SPAD)**

8:00PM Asbury Park It Gets Better, Q Spot, 1601 Asbury Ave., **(O,G,JFT,St,NS)** *LGBTQ*

8:00PM Port Reading Old Road New Life, Sycamore Senior Center, 290 Old Road, **(O,D,S,Tp,WC,NS)**

THURSDAY

11:00AM Woodbridge Recovery On The Waterfront Live, Our Lady of Mt. Carmel, 267 E Smith St., **(O,B,D,JFT,RR,S,NS)**

12:15PM Long Branch Bring A Friend, Church Hall of St. James Church, park and enter in back, 300 Broadway, **(O,D,JFT,Tp,WC,NS)**

5:00PM Milltown More Than Surviving, St. Paul's Church, enter behind preschool, 62 S. Main Street, **(O,JFT,RR,S,WC,NS)**

7:00PM Belmar Recovery by the Sea, Belmar Presbyterian Church, enter on E Street, 600 9th Avenue, **(C,D,S,St,NS)** *Hybrid meeting*

7:00PM Freehold Sisters Seeking Serenity, Hope Lutheran Church, near Jackson Mills Rd., 211 Elton-Adelphia Rd., **(O,D,S,W,WC,NS)**

7:30PM Matawan Cut To The Chase, Trinity Episcopal Church, all the way at dead end, 18 Ryers Lane, **(O,Ro,WC,NS)**

7:30PM New Brunswick Speak@Ease, RWJ Health & Fitness Center Community Room, 2nd floor, 100 Kirkpatrick St., **(C,H&W,NC,S,St,Td,WC,NS)**

7:30PM Sayreville What Comes Second Group, Sayreville Senior Center, 2nd floor, Rm 207, 423 Main St., **(C,M,St,WC,NS)**

8:00PM Woodbridge Keep It In Today, First Presbyterian Church of Woodbridge, 600 Rahway Ave., **(O,D,JFT,NC,S,NS)** *No children allowed*

8:00PM Perth Amboy Powerless In Perth Amboy, Grace Lutheran Church, 600 New Brunswick Ave., **(O,B,D,S,WC,NS)**

8:00PM Oakhurst We Dare to Care, West Park Recreation Center, 615 West Park Ave., **(O,Ro,NS)**

9:45PM New Brunswick New Brunswick Young People's Meeting, Church, 100 College Ave., **(O,D,JFT,S,Y,NS)**

FRIDAY

11:00AM Woodbridge Recovery On The Waterfront Live, Our Lady of Mt. Carmel, 267 E Smith St., **(O,B,D,S,NS,L,V)**

6:00PM Asbury Park We Do Recover, The Center House, 806 3rd Avenue, **(C,D,S,WC,NS)**

7:00PM New Brunswick Back To Basics, Emanuel Lutheran Church, corner of New St., 1-3 Kirkpatrick St., **(O,Bk,D,S,NS)**

7:00PM Spotswood Friday Night Freedom Fighters, Spotswood Reformed Church, 429 Main St, **(C,D,S,St,Td,NS)**

7:30PM Sayreville NASA Group, United Methodist Church, park across street, 406 Main Street, **(O,D,S,NS) NOT Handicap accessible**

7:30PM Matawan Women Seeking Recovery, St. Clements House Of Hope, 180 Freneau Avenue, **(C,W,WC,NS,V)**

8:00PM Carteret Back To Life, Zion Lutheran Church, 712 Roosevelt Ave, **(O,D,S,NS)**

8:00PM Oakhurst Friday Night Hope, Ocean Township Rec Center, 615 West Park Ave., **(O,Cn,Ro,RR,WC,NS)**

8:00PM Matawan Men About Recovery, Trinity Episcopal Church, off Route 79, 18 Ryers Lane, **(C,D,JFT,M,St,WC,NS)**

8:00PM Englishtown Never Too Late, First Presbyterian Church of Englishtown, 50 N. Main Street, **(O,JFT,S,WC,NS)**

SATURDAY

7:00AM New Brunswick Early Morning Serenity, The Open Door, corner of New St., 2-4 Kirkpatrick St., **(O,D,S,Tp,WC,NS) Hybrid meeting**

10:00AM Metuchen Spiritual Awakenings, St. Lukes Church, 17 Oak Ave, **(O,D,S,Td,WC,NS,SPAD)**

11:00AM Matawan Miracles in Matawan, Trinity Episcopal Church, all the way at dead end, 18 Ryers Lane, **(C,D,Ro,St,Tp,WC,NS)**

11:00AM Asbury Park One Primary Purpose, The Center House, at Memorial Drive, 806 3rd Avenue, **(O,D,NS)**

12:30PM Port Reading Youth Gone Wild, Sycamore Senior Center, 290 Old Road, **(O,JFT,WC,NS)**

7:00PM Manalapan Surrender To Change, Old Tennent Presbyterian Church Cemetary, inside Neefe Chapel - do not park on grass, 448 Tennent Road, **(O,NS,V)**

7:00PM New Brunswick The Real Deal, The Open Door, 2-4 Kirkpatrick Street, **(O,D,JFT,St,WC,NS)**

7:30PM Port Reading Men Who Care, Saint Anthony of Padua Parish Hall, 436 Port Reading Avenue, **(O,Cn,D,M,S,WC,NS) No Meeting Sat, December 24th**

7:30PM Middletown (Belford) Sanity through Spirituality Group, St. Mary's Church, basement, 26 Leonardville Road, **(O,Ro,S,WC,NS)**

7:30PM Spotswood Straight On Saturday Night, Spotswood Reformed Church, 429 Main Street, **(O,D,S,NS,St1-3)**

11:00PM Keansburg Kleansburg Group, St. Marks Episcopal Church, 247 Carr Avenue, **(O,D,WC,NS)**

MEETING FORMAT LEGEND

B	Beginner	Bk	Basic Text
C	Closed (addicts only)	Cn	Candlelight
D	Discussion	G	Gay/Lesbian
Gr	Grab Bag	H&W	It Works How and Why
JFT	Just for Today	L	Literature
Lc	Living Clean	M	Men
NC	No Children	NS	No Smoking
O	Open (anyone welcome)	P	Pamphlet
RR	Round Robin	Ro	Rotating
S	Speaker	SPAD	Spiritual Principle A Day
SWG	Step Working Guide	St	Step
St1-3	Steps 1, 2 and 3	Ta	Tag
Td	Tradition	Tp	Topic
V	Varied	W	Women
WC	Wheelchair	Y	Youth

PHONE NUMBERS

What is our message?
The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.

Basic Text, page 65



Combined Area Meeting List for:

**Middlesex, Central Jersey &
Greater New Brunswick Areas
MEETING LIST**

OCTOBER 2023

**24 HOUR HELPLINE
(732) 933-0462**



<https://middlesexna.org>

THE 9 SUGGESTIONS

Avoid People, Places and Things

Come Early and Stay Late

DON'T USE and Go to Meetings

Get and Use a Sponsor

Get a Home Group

Go to 90 Meetings in 90 Days

Use the PHONE

Get Involved in Service

KEEP COMING BACK. IT WORKS

Meetings Weekly: 78